

# 2023 ~ 2024 文化課 課程介紹

## 第一期

| 課程<br>Class                              | 指導老師<br>Instructor | 內容<br>Description  | 程度<br>Level     | 年紀<br>Age                 | 人數 # of<br>students |
|--|--------------------|--|-----------------|---------------------------|---------------------|
| 樂高創作<br>Innovation in<br>Lego creativity | 魏 懂<br>Austin Wei  | 以創意與想像力為出發點，讓小朋友能夠發揮想像力，創造出各種型態的作品，並和其他小朋友分享作品，從而培養出小朋友的創造力及表達能力。<br>With creativity and imagination as the starting point, children can use their imagination to create various types of works, and share their works with other children, so as to cultivate children's creativity and expressive ability.   | All level       | 1 ~ 3 年級<br>(1-3 grade)   | 8 人                 |
| 空手道<br>Karate                            | 廖子杰<br>David Hytha | 教導孩子基本的空手道技能：拳擊、踢腿、防守和基本的站姿和動作，上課時必需打赤腳。<br>You will be learning the basics of Shotokan Karate as instructed by the JKA, such as punches, kicks, blocks, and basic stances and movements. You will have to be barefoot during class.   | 基礎班<br>Beginner | 1 年級以上<br>(1grade and up) | 10 人                |
| 小科學家<br>探究營隊                             | 林芬如<br>Fen-Ju Lin  | 以生活中常見的物理和化學科普知識的實踐及理解 (Science 為主) · 以安全無毒的器材及材料為媒介 · 強調加上最後成品的裝飾須具備美感 (Art Design 為輔), 未來可以慢慢擴充發展成 STEAM 活動。<br><b>** 請穿著不怕弄髒的衣服, 鼓勵孩子多動手.</b><br>The contents are based on the practice and cognition of common physical and chemical science knowledge in daily life (Science is the major part); we use safe and non-toxic equipment and materials as the medium, as well as emphasize that the fine decoration of the final products (Art Design is minor). In the future we hope can be slowly expanded and be developed into STEAM activities. | 基礎班<br>Beginner | 3 ~ 5 年級<br>(3-5 grade)   | 12 人                |

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|---|--------------------|---|---|---|---------------------|
| 羽毛球<br>Badminton                          | 廖述宇<br>Aaron Liao  | 球具使用說明·規則講解·練習打球。<br><b>** 需自備球拍!</b><br>Explains badminton playing rules, using racket and practice how to play. Please bring your own racket.   | 有無基礎均可<br>Beginner/<br>Intermediate         | 9 歲以上<br>(9y and up)                              | 12 人                |
| 國畫班<br>Chinese<br>Painting                | 許聰玲<br>Sharon Wu   | 從基礎到深入的國畫技巧·包含蔬果、植物、花草及動物。<br>The students will learn from the basic painting skill to more advance. The class will cover plants, flowers, vegetables, small animals, etc. The subjects will be: bamboo, orchard, plum flowers, mums, etc..   | 初中高級<br>Beginner<br>Intermediate<br>Advance | 9 歲以上<br>(9y and up)                              | 12 人                |
| 烹飪課<br>cooking class                      | 蔡佩珊<br>Lisa Tsai   | 學習如何做簡單又美味的料理<br>Learn how to make simple and tasty recipes   | 基礎班<br>Beginner                             | 9 歲以上<br>(9y and up)                              | 8 人                 |
| 扯鈴<br>YoYo                                | 鄭維文<br>Steve Jeng  | 教導孩子基礎扯鈴招式：起鈴、調鈴、螞蟻上樹、金雞上架、拋鈴、金手指、繞手、繞腳、蛛絲結網。<br><b>** 需自備扯鈴 (可向學校購買, 學生優惠價\$30)</b><br><b>** 建議扯鈴規格: 長軸培鈴 (long bearing axle)</b><br><a href="https://www.yoyosam.com/products/sundia-fly-diabolo-includes-wooden-sticks-2-strings-instructions-and-bag?variant=29432390615151">https://www.yoyosam.com/products/sundia-fly-diabolo-includes-wooden-sticks-2-strings-instructions-and-bag?variant=29432390615151</a> | 有無基礎均可<br>Beginner/<br>Intermediate         | 9 歲以上<br>(9y and up)                              | 12 人                |
| 傳統藝術<br>之旅<br>Tour of<br>Traditional Arts | 盧惠芳                | 經由親手製作·認識傳統藝術之美·了解這些民俗技藝的文化意義。我們將以製作皮影戲為主·再加上天燈、中國結等其他藝術創作。Students will learn how to make shadow puppets, sky lanterns, Chinese knots etc. From those projects, they will know the traditional arts and the cultural significance.   | 有無基礎均可<br>Beginner/<br>Intermediate         | 10 歲 or<br>5 年級以上<br>(10y or 5th<br>grade and up) | 8 人                 |

★課程最少五人以上開班。

★上課日期 Class Days : 10/01, 10/15, 10/22, 10/29, 11/05, 11/12, 11/19, 12/03