



波士頓慈濟人文學校

2024 ~ 2025 第二期文化課 課程介紹

★課程最少五人以上開班。

★上課日期 Class Days : 3/02, 3/09, 3/23, 3/30, 4/06, 4/13, 4/27, 5/18

課程 Class	指導老師 Instructor	內容 Description	程度 Level	年紀 Age	人數 #of students
手工藝 Arts and Crafts	王月娥 Yueh-Er Wang	<p>藉由民俗手工藝的製作，增加學生對中國文化的認同及學習中文的興趣，也為了讓現代的孩子尋回創造本能，讓他們也擁有真情流露的童年生活；「民俗手工藝」課程將配合中國節慶分別製作民俗手工藝，其中分為「古典童玩」、「吸管創意童玩」、「毛線藝術」、「珠子藝術」和「廢物利用童玩」五種單元。授課內容會依據學生年齡做微調。五種單元包括: 新年賀卡、童玩沙包、端午香包、元宵燈籠、紙雕卡片、簡易中國結、捏麵人、立體摺紙、珠子、毬子、竹蟬、七巧板、吸管龍(花/蝦/河馬/蝸牛...)、拼圖、小書製作等等。</p> <p>Arts and crafts are an important way to share Chinese traditions with younger generations. Activities are grouped into 5 categories: classic toys, straw toys, yarn art, pony beans art, and "green" toys using recycled materials. Examples include: New year greeting cards, sandbags, dragon boat festival sachet bags, lantern festival making lanterns, paper carved cards, simple Chinese knot, dough figurine, origami, pony beans, shuttlecock, bamboo cicada, fish, puzzle, straw flowers, straw whistle, lanterns, greeting cards, message folders, puzzles, sachet, paper dragons, small book making, and more.</p>	All level	1-6 年級 (1-6 grade)	15 人



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藝術教育: 從甲骨文 學書法及 在生活上的應用 Arts Education: Learning Calligraphy from Oracle Bone Script and using it in Daily Life	宋永麒 Sung Yung Chi	<p>探索甲骨文——中國文字的根源和文化橋樑。學生將 親手體驗甲骨文書法，學習這種古老藝術形式，並理 解文字的演變。本課程同時介紹甲骨文在現代生活中 的創新應用，探索將傳統書法融入當代藝術和日常生 活的方式。學生將學會如何將這種經典藝術與現代設 計相結合，打開傳統與現代交融的無限可能。</p> <p>Explore Oracle Bone Script—the root and cultural bridge of Chinese characters. Students will be able to experience Oracle Bone Script calligraphy hands-on, learning this ancient art form and understanding the evolution of writing. This course also introduces innovative applications of Oracle Bone Script in modern life, exploring ways to integrate traditional calligraphy into contemporary art and daily living. Students will learn how to blend this classical art with modern design, opening endless possibilities for a fusion of tradition and modernity.</p>	有無基礎 均可 Beginner/ Intermediate	9 歲以上 (9y and up)	12 人
國畫班 Chinese Painting	許聰玲 Sharon Wu	<p>從基礎到深入的國畫技巧，包含蔬果、植物、花草及 動物。</p> <p>The students will learn from the basic painting skill to more advance. The class will cover plants, flowers, vegetables, small animals, etc. The subjects will be bamboo, orchard, plum flowers, mums, etc.</p>	初中高級 Beginner Intermediate Advance	9 歲以上 (9y and up)	12 人



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童玩 Childhood Games	長金滿 Vickie Chang	<p>童玩和童謠和是一種充滿童年回憶與地方特色的文化資產，傳統的童玩玩具多利用自然材料或生活中的簡單物品製作，例如毬仔、沙包、陀螺、跳繩、扯鈴等。童玩遊戲有跳橡皮筋，跳房子，踢毬子，撿拾子，撿沙包等等。童玩和童謠充滿趣味且具有教育意義。另外這堂課也會教唱唐詩。</p> <p>Traditional toys and rhymes are a form of cultural heritage rich with childhood memories and local characteristics. Traditional toys are often made from natural materials or simple everyday items, such as shuttlecocks, sandbags, spinning tops, jump ropes, and Chinese yo-yos. Games include rubber band jumping, hopscotch, shuttlecock kicking, jackstones, and sandbag tossing. These toys and rhymes are not only fun but also educational. Additionally, this class will include learning to sing Tang poetry.</p>	All level	1-3 年級 (1-3 grade)	10 人
蔬食 Vegetarian Cooking	高金花 Chin Hua Kao	<p>學習如何做簡單又美味的料理 Learn how to make simple and tasty recipes</p>	All level	5-9 年級 (5-9 grade)	10 人



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羽毛球 Badminton	黃偉祥 Weesiang Ng	球具使用說明·規則講解·練習打球。 ** 需自備球拍! Explains badminton playing rules, using racket and practice how to play. Please bring your own racket.	有無基礎 均可 Beginner/ Intermediate	9 歲以上 (9y and up)	12 人
籃球探索 Basketball For Kids	Jaden Chau	在探索籃球的過程中·學生將學習這項運動的基本技巧和概念。課程將涵蓋基本功·如運球和正確的步法。此外·學生還將學習正確的伸展技巧·以預防在任何體育活動中可能發生的傷害。本課程將提供一個有趣且充滿活力的學習環境·讓年幼的孩子們能夠開始探索他們對運動的熱情。 In exploring basketball, students will be introduced to the basic skills and concepts of the game. The class will cover fundamentals, like dribbling and proper footwork. Students will also be exposed to and learn proper stretching techniques to prevent injuries during any type of physical activity. The class will provide a fun and engaging environment where young children can begin to explore their passion for sports.	All level	1-3 年級 (1-3 grade)	10 人