



波士頓慈濟人文學校

2025 ~ 2026 第二期文化課 課程介紹

★課程最少五人以上開班。

★上課日期 Class Days : 03/01, 03/08, 03/22, 03/29, 04/05, 04/12, 04/26, 05/17

課程 Class	指導老師 Instructor	內容 Description	程度 Level	年紀 Age	人數 #of students
民俗手工 藝 Arts and Crafts	王月娥 Yueh-Er Wang	<p>藉由民俗手工藝的製作，增加學生對中國文化的認同及學習中文的興趣，也為了讓現代的孩子尋回創造本能，讓他們也擁有真情流露的童年生活；「民俗手工藝」課程將配合中國節慶分別製作民俗手工藝，其中分為「古典童玩」、「吸管創意童玩」、「毛線藝術」、「珠子藝術」和「廢物利用童玩」五種單元。授課內容會依據學生意齡做微調。五種單元包括：新年賀卡、童玩沙包、端午香包、元宵燈籠、紙雕卡片、簡易中國結、捏麵人、立體摺紙、珠子、毽子、竹蟬、七巧板、吸管龍(花/蝦/河馬/蝸牛...)、拼圖、小書製作等等。</p> <p>Arts and crafts are an important way to share Chinese traditions with younger generations. Activities are grouped into 5 categories: classic toys, straw toys, yarn art, pony beans art, and “green” toys using recycled materials. Examples include: New year greeting cards, sandbags, dragon boat festival sachet bags, lantern festival making lanterns, paper carved cards, simple Chinese knot, dough figurine, origami, pony beans, shuttlecock, bamboo cicada, fish, puzzle, straw flowers, straw whistle, lanterns, greeting cards, message folders, puzzles, sachet, paper dragons, small book making, and more.</p>	All levels	1-6 年級 (1-6 grade)	15 人



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國畫班 Chinese Painting	許聰玲 Sharon Wu	從基礎到深入的國畫技巧，包含蔬果、植物、花草及動物。 Students will learn painting skills starting from the basics and progressing to more advanced techniques. The class will cover subjects such as plants, flowers, vegetables, and small animals, including bamboo, orchids, plum blossoms, chrysanthemums, and more.	All levels	9 歲以上 (9y and up)	12 人
羽毛球 Badminton	黃偉祥 Weesiang Ng	球具使用說明，規則講解，練習打球。 ** 需自備球拍! Learn the basic rules of badminton, how to use a racket, and practice playing. Please bring your own racket.	有無基礎 均可 Beginner/ Intermediate	9 歲以上 (9y and up)	12 人
蔬食 Vegetarian Cooking	高金花 Chin Hua Kao	學習如何做簡單又美味的料理 Learn how to make simple and tasty recipes	All levels	5-9 年級 (5-9 grade)	10 人



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棋藝 Chinese Chess	高鄭傑 James Kao	認識棋盤圖案、規則，認識棋子黑紅不同的國字，各個棋子的位置及基本規則。棋具將由老師準備。 ** 注意! 前兩堂課務必出席，缺席者視同放棄。 Chess sets will be provided by the instructor. This class is designed for beginners. Students will learn the basics, including the chessboard, pieces and their Chinese names, starting positions, rules and moves for each piece, as well as introductory strategies. **The first two classes are mandatory.	有無基礎 均可 Beginner/ Intermediate	11 歲以上 (11y and up)	10 人
童玩 Childhood Games	長金滿 Vickie Chang	童玩和童謠和是一種充滿童年回憶與地方特色的文化資產，傳統的童玩玩具多利用自然材料或生活中的簡單物品製作，例如毽仔、沙包、陀螺、跳繩、扯鈴等。童玩遊戲有跳橡皮筋，跳房子，踢毽子，撿拾子，撿沙包等等。童玩和童謠充滿趣味且具有教育意義。另外這堂課也會教唱唐詩。 Traditional toys and rhymes are a form of cultural heritage rich with childhood memories and local characteristics. Traditional toys are often made from natural materials or simple everyday items, such as shuttlecocks, sandbags, spinning tops, jump ropes, and Chinese yo-yos. Games include rubber band jumping, hopscotch, shuttlecock kicking, jackstones, and sandbag tossing. These toys and rhymes are not only fun but also educational. Additionally, this class will include learning to sing Tang poetry.	All levels	1-3 年級 (1-3 grade)	10 人



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小科學家 探究營隊 Junior Science Explorers	林芬如 Fen-Ju Lin	<p>.以生活中常見的物理和化學科普知識的實踐及理解(Science 為主) · 以安全無毒的器材及材料為媒介，發展成 STEAM 活動。</p> <p>** 請穿著不怕弄髒的衣服, 鼓勵孩子多動手.</p> <p>** 請自付材料費 \$ 16-20.</p> <p>The contents are based on practical applications and understanding of common physical and chemical science knowledge in daily life, with science as the main focus. In the future, we hope to gradually expand and develop these into STEAM activities.</p>	All levels	3 ~ 9 年級 (3-9 grade) G3-G6: 6 人 G7-G9: 6 人	12 人